



(305) 466-6611

**ALL PACKAGES DISCOUNTED**

Full Fitness Evaluation/ Reformer Safety w/Renee Ricca	\$130.00
Full Fitness Evaluation/ Reformer Safety w/Team	\$110.00
Mini Fitness Reformer Safety/set up	\$50.00

**BEST VALUE STARTER PACKAGE**

	Regular Price	Discounted
1Hour Evaluation & Reformer Setup	\$130.00	\$120.00
<u>1 Private Gyrotonic</u>	\$110.00	\$95.00
<u>1 Private Pilates</u>	\$130.00	\$120.00
3.Apparatus Group Classes	\$120.00	\$105.00
	\$490.00	\$440.00

**PRIVATES**

1 Single private Session with Renee Ricca	\$130.00
1 Single Private Session with Pilates Team	\$110.00
Package of 5 Private Sessions with Pilates Team	\$475.00
Package of 5 Private Sessions with Renee Ricca	\$625.00
Package of 10 Private Sessions with Pilates Team	\$900.00
Package of 10 Private Sessions with Renee Ricca	\$1200.00
Package of 20 Private Sessions with Pilates Team	\$1700.00
Package of 20 Private Sessions with Renee Ricca	\$2200.00
Package of 10 90 Minute Private Sessions with Pilates Team	\$1350.00

**DUET PRIVATES**

1 Single Duet Private Session w/Team	\$180 .00
1 Single Duet Private Session w/ RR	\$240.00
Package of 10 Duet Private Sessions w/Team	\$1,500.00
Package of 10 Duet Private Sessions w/ RR	\$2,200.00

**GYROTONIC PRIVATES**

1 Single Private Session for Gyrotonic	\$110.00
Package of 10 Private Sessions for Gyrotonic	\$950.00

**GROUP APPARATUS CLASSES**

1 Single Group Apparatus Class	\$40.00
Package of 5 Group Apparatus Classes	\$175.00
Package of 10 Group Apparatus Classes	\$350.00
Package of 20 Group Apparatus Classes	\$550.00

**COMPLETION OF MONTHLY CLASSES IS WITHIN THE MONTH, NO EXTENSIONS**

4 Express Classes (45 min)	\$99.00
4 Pilates Classes once a week (1 Month Only)	\$108.00
8 Pilates Classes twice a week (1 Month Only)	\$204.00
12 Pilates Classes three times a week (1 Month only)	\$288.00
Unlimited Pilates Classes Per Month (1 Month Only)	\$395.00

**NEURO-MUSCULAR REHABILITATION THERAPY**

NM Therapy Evaluation / Therapy Session	\$130.00
NM Therapeutic Masasge / 75min.	\$110.00
5 NM Therapeutic Masasge / 60min.	\$500.00

**ZUMBA GOLD**

1 Single Zumba Fitness Class	\$20.00
Package of 10 Zumba Fitness Classes	\$175.00

**NO REFUNDS**

**24 HOUR CANCELLATION POLICY , ALL SESSIONS MUST BE RESCHEDULED**